

PERGAMON GENERAL PSYCHOLOGY SERIES

EDITORS

Arnold P. Goldstein, Syracuse University

Leonard Krasner, Stanford University and SUNY at Stony Brook

Cognitive Behavior Therapy with Children in Schools

Jan N. Hughes

Texas A&M University



PERGAMON PRESS

New York • Oxford • Beijing • Frankfurt
São Paulo • Sydney • Tokyo • Toronto

Contents

<i>Acknowledgments</i>	ix
<i>Introduction</i>	xi
Section I Foundations	
1. Historical and Conceptual Overview	3
2. Issues in Cognitive-Behavioral Assessment	24
3. Cognitive Assessment Strategies	35
Section II Cognitive Behavior Therapy with Special Populations	
4. Children's School-Related Anxieties: An Overview	59
5. Social Anxiety	63
6. Test Anxiety and School Phobia	89
7. Depression	103
8. Impulsive and Hyperactive Children	127
9. Aggressive and Conduct-Disordered Children and Adolescents	160
Section III Cognitive-Behavioral Approaches and Indirect Interventions	
10. Cognitive-Behavioral Approaches to Prevention in Schools	193
<i>References</i>	216
<i>Author Index</i>	247
<i>Subject Index</i>	257
<i>About the Author</i>	261
<i>Pergamon General Psychology Series List</i>	263