## THE REFUSAL OF WORK

The Theory and Practice of Resistance to Work

DAVID FRAYNE



Zed Books

## Contents

	ACKNOWLEDGEMENTS	ix
Introduction	The work dogma	1
ONE	A provocation	11
тwо	Working pains	45
THREE	The colonising power of work	67
FOUR	The stronghold of work	95
FIVE	The breaking point	118
SIX	Alternative pleasures	157
SEVEN	Half a person	189
EIGHT	From escapism to autonomy	210
	NOTES	239
	BIBLIOGRAPHY	247
	INDEX	950