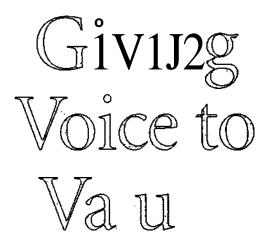
MARY C. GENTILE



How to Speak
Your Mind When You
Know What's Right

Yale
UNIVERSITY
PRESS
New Haven and London

Contents

| Preface | ix |
|--|-------|
| Acknowledgments | xix |
| Introduction | xxiii |
| 1. Giving Voice to Our Values: | |
| The Thought Experiment | 1 |
| 2. Values: What They Are and What They Are Not | 24 |
| 3. A Tale of Two Stories: The Power of Choice | 47 |
| 4. It's Only Normal | 72 |
| 5. What Am I Working For? | 86 |
| 6. Playing to My Strengths: | |
| Self-Knowledge, Self-image, and Alignment | 108 |
| 7. Finding My Voice | 135 |
| 8. Reasons and Rationalizations | 170 |
| 9. Putting It to Work | 211 |
| Appendix | 223 |
| A. Starting Assumptions for Giving Voice | |
| to Values | |
| B. A Tale of Two Stories: An Exercise | |
| C. Enablers for Voicing Values: Some Examples | |

viii Contents

| E. | Guidelines for Peer Coaching | |
|----|--------------------------------------|--|
| F. | An Action Framework for Giving Voice | |
| | to Values: The To-Do List J | |

D. Personal-Professional Profile

| Notes | 247 |
|--------------|-----|
| Bibliography | 259 |
| Index | 269 |