

ROBERT E. LANE

*The Loss of Happiness in  
Market Democracies*

*Yale University Press  
New Haven &*

# *Contents*

Acknowledgments ix

## *Part I Introduction*

1 Shadow on the Land 3

## *Part II Weil-Being and Depression*

2 Unhappiness in Our Time 13

3 Happiness as an Endowment: Evolution, the Fall from Grace,  
and Devalued Children 36

## *Part III Income versus Companionship*

4 Why Money Doesn't Buy Happiness for Most of Us 59

5 Companionship or Income? 77

6 Searching for Lost Companions in Market Democracies 99

Appendix to Chapter 6. Community Characteristics by  
Size of Place ixo

- 7 Gaining Felicity While Losing Income? 125

*Part IV The Market Makes People Unhappy*

- 8 Materialism in Market Democracies 141  
9 Is Well-Being a Market Externality? 159  
10 Pain and Loneliness in a Consumers' Paradise 175

*Part V Is Democracy a Source of Unhappiness?*

- 11 Rising Malaise at Democracy's Feast 195  
12 Do Democratic Processes Contribute to Ill-Being? 216  
13 The Pain of Self-Determination in Democracy 231  
14 Companionate Democracy 249  
15 Political Theory of Well-Being 263

*Part VI Individualism*

- K** 16 Are People the Best Judges of Their Own Well-Being? 283  
•17 Self-Inspired Pain 300

*Part VII Conclusion*

- 18 The Way Home 319  
Appendix. Measures of Well-Being and Depression 339  
Notes 349  
Index 451