## Contents

Preface vii

### PART I: ORIGINS OF FEAR, ANXIETY, AND OTHER EMOTIONS

1. The Facts and Functions of Fear  
   *Stephen J. Suomi, Harry F. Harlow*  
2. Assimilation and Anxiety,  
   *Paul McReynolds*  
3. Emotion and Anxiety: Sociocultural, Biological, and Psychological Determinants  
   *James R. Averill*

### PART II: THE MEASUREMENT OF ANXIETY

4. General and Situation-Specific Traits and States: New Approaches to Assessment of Anxiety and Other Constructs  
   *Marvin Zuckerman*  
5. The Psychophysiology of Anxiety  
   *William F. Hodges*

### PART III: EFFECTS OF ANXIETY ON NORMAL AND ABNORMAL BEHAVIOR

6. Anxiety and Cue Utilization in Human Learning and Memory  
   *John H. Mueller*
7. The Effects of Negative Feedback on the Anxiety Level and Performance of Schizophrenics
   Roger L. Patterson .......................................................... 231

8. Deviant Drug and Alcohol Use: The Role of Anxiety, Sensation Seeking, and Other Personality Variables
   Dean G. Kilpatrick, Patricia B. Sutker, Alma Dell Smith .......................... 247

PART IV: THE TREATMENT OF ANXIETY

9. Anxiety as Fear: A Behavioral Approach to One Emotion
   William T. McReynolds .................................................. 281

10. The Nature and Treatment of Test Anxiety
    Charles D. Spielberger, William D. Anton, Jeffrey Bedell ...................... 317

Author Index 347
Subject Index 357