## Politics, Participation, and Poverty

Development Through Self-Help in Kenya

Barbara P. Thomas

Westview Press / Boulder and London

## Contents

List of Tables			xvii
CHAPTER I - ORGANIZING THE RURAL DISADVANTAGED	•	•	1
Critical Issues	•	•	1
Grass-Roots	•	•	7 13
CHAPTER II - A FRAMEWORK FOR EXAMINING SELF-HEI NATIONAL, HISTORICAL, AND COMMUNITY	.P:	:	
PERSPECTIVES	•	•	23
The National Context	•	•	23
in Embu, Kericho, and Murang'a District	s		33
A Portrait of Six Communities			50
CHAPTER III - THE ROLE OF SELF-HELP IN THE			
POLITICAL PROCESS	•	•	62
A Model of Contemporary Political Behavior	:		
in Kenya	•	•	62
to Economic and Social Spheres			65
Self-help and Political Structures		•	68
Harambee and National-Level Elites Local Elites and Harambee Project	•	•	74
Committees	•	•	81

.

CHAPTER IV - PATTERNS OF ACCESS AND ADVANTAGE IN SELF-HELP: THE PROVINCE, THE DISTRICT, AND
THE LOCAL COMMUNITY
Provincial and District Data 89
Location Data
Harambee Activity.
CHAPTER V - SELF-HELP COMMUNITY PROJECTS:
FROM RHETORIC TO REALITY
Methods for Selecting and Initiating
Projects
A Selective Exploration of Project
Types
CHAPTER VI - SELF-HELP AND RURAL STRATIFICATION:
WHO WINS AND WHO LOSES?
Contributions
Benefits
CHAPTER VII - WOMEN'S SELF-HELP ASSOCIATIONS:
AGENTS FOR CHANGE OR TECHNIQUES FOR . SURVIVAL? 167
Three Women: A Portrait
Rural Women's Associations: An
Interpretation
Change
Conditions Facilitating Effective Women's Associations
Women's Associations
CHAPTER VIII - DEVELOPMENT DILEMMAS: THE POLITICS OF PARTICIPATION IN SELF-HELP 188
Harambee in the Political Process 188
Harambee and Local Development
Socio-economic Objectives
Effectiveness of Harambee as a Model of Development
EPILOGUE - HARAMBEE REVISITED, 1985 204
BIBLIOGRAPHY
INDEX